



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.

United Mental Health Promoters

The United Mental Health Promoters of Los Angeles County provide educational workshops to individuals and families seeking needed resources on prevention and early intervention in mental health. The promoter is not a clinician or psychiatrist, and for this reason, he/she cannot state his or her opinion on psychological treatment or medications.

Harry Bridges Span School and United Promoters of Mental Health invite you to participate in the following free workshops!

- 09/07/21 The Effect of the Pandemic on the Emotional Well-Being of the Community
- 09/14/21 – The Return of Children to School during Covid-19
- 09/21/21 – Mental Health & Stigma
- 09/28/21 – Symptoms and Treatments of Depression
- 10/05/21 – Anxiety Disorders
- 10/12/21 – Familial Violence
- 10/19/21 – Drug and Alcohol Prevention
- 10/26/21 – Stages of Grief and Loss//
- 11/02/21 – Child Abuse
- 11/09/21 – Suicide Prevention
- 11/16/21 – Childhood Disorders: Neurodevelopmental Disorders
- 11/23/21 – Childhood Disorders: Anxiety & Emotional disorders
- 11/30/21 – Childhood Disorders: Other disorders

Time: 9:00 A.M.

PROMOTOR

LYDIA GOMEZ

Meeting ID: 6300579256

(310) 522-5400

2

To coordinate a workshop or for more information regarding the Promoters Program, please contact:

Maria Zuniga, LCSW
SA8 Promoters Program Coordinator or
Phone: (213) 264-4564
MaZuniga@dmh.lacounty.gov

Norma Ruiz
SA8 Community Health Worker
Phone: (213) 703-1054
NoRuiz@dmh.lacounty.gov