

WILMINGTON RESOURCES

TOBERMAN FAMILY SOURCE: Food, Housing, Transportation, Utility Bills, Immigration, etc.

(310) 832-1145 ext 106

131 N. Grand Ave., San Pedro, 90731

SEE FLYER

SBCC WILMINGTON: Resources and referrals for tutoring, counseling, legal, ESL. etc.

(310) 414-2090

540 N. Marine Ave., Wilmington, 90744

SEE FLYER- Please call ahead to make sure programs are operating during covid.

South Bay Coalition Resource Guide: Housing, free meals & groceries, laundry assistance, Medi-Cal, mental health, etc for San Pedro, Wilmington, Harbor City, etc.

<https://www.sbceh.org/local-resource-guides.html>

LA People's Guide (Red Book) PDF: Guide to welfare, health and other services to help get you through hard times.

https://www.sbceh.org/uploads/4/5/0/7/45075441/laco_english_2020_peoples_guide_final.pdf

Department of Public Social Services (DPSS)- Los Angeles: Links to resources for cash and job assistance, food, housing, health, legal, etc.

<https://dps.lacounty.gov/en.html>

Financial Resources for Residents Impacted by COVID-19

<https://dps.lacounty.gov/en/news/2020/03/covid-financial-resources.html>

DPSS Resource Guide PDF

http://file.lacounty.gov/SDSInter/dpss/1055975_DPSSResourceGuide_022019.pdf

IMMUNIZATIONS & HEALTH

Providence Mobile Van:

FREE immunizations for children ages 2-18 at Providence LCM Wellness and Activity Center
APPOINTMENTS ONLY! NO WALK-INS. FOR AN APPOINTMENT CALL 310-514-5466
OR 424-210-7024.

1. One adult and one child on the van. If you have children who need to be supervised you need to bring another adult. We cannot watch your children.
2. Child and adult will be required to wear a face covering and perform hand hygiene before being brought on the van.

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3. Adult and child will be screened for fever and other COVID 19 symptoms. Please do not come to the van if you or your child have a fever, cough, shortness of breath, diarrhea, muscle aches/fatigue or a sore throat.

*Bring child's immunization record

*Parent needs to be present

Wilmington Urgent Care: All insurances accepted, \$65 visit without insurance, walk-ins & same day appointments.

(310) 522-4200

714 N. Avalon Bl., Wilmington, 90744

<https://www.wilmingtonurgentclinic.com/>

Providence Wellness Center: Assistance with applications for Medi-Cal, Covered California, and CalFresh, referrals to local resources, support groups, wellness workshops, after school programs and camps for children, etc.

(424) 212-5640

470 Hawaiian Ave., Wilmington, 90744

<https://www.providence.org/locations/community-health/wellness-and-activity-center#tabcontent-1-pane-2>

HEALTH INSURANCE

Covered California: Help applying for health insurance if you lost your health insurance, got married, had a baby, moved, etc.

<https://www.coveredca.com>

CLOTHING & FOOD

South Bay Meals, Groceries, and Laundry Guide: Free meals, groceries, and laundry services available throughout the South Bay. Please call before going to confirm the times.

https://www.sbceh.org/uploads/4/5/0/7/45075441/free_meals_groceries_in_south_bay_-_5-19_master.pdf

CalFresh: CalFresh is California's food stamps (SNAP) program. Apply to get up to \$194 a month per household member on an EBT card.

<https://www.getcalfresh.org/>

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Lutheran Social Services of Southern California-Long Beach Office

1611 Pine Ave, Long Beach, Ca 90813

Contact Ms. Audrey, Program Specialist at 562-599-1321, 8018. Food Pantry is also available Monday - Thursday 10am-12pm & 12:30pm-2pm. No appointment needed, but families may only access the Food Pantry once per week.

Toberman Family Source: Emergency Assistance

(310) 832-1145

131 N. Grand Ave, San Pedro, 90731

Toberman serves families who live in Wilmington, San Pedro, Harbor-Gateway region, and Harbor City. Call 310-832-1145 and leave a voicemail for the clothing resource department. A Case Manager will respond to the family and assess the need.

Salvation Army- Stillman Sawyer Family Center

Baby Food/ Formula/ Diapers/ Clothing/ School Supplies

(310) 835-1986

820 Lomita Blvd, Harbor City, CA 90710

M,T,TH,F: 9:30am-12:30pm

Wed: 10:00am-12:30pm

(M/W/F-Food Pantry: 9:00am-4:00pm)

Families should arrive early.

Harbor Pregnancy Help Center

Baby Food/ Infant Clothing

(310) 518-4135

705 W Pacific Coast Hwy

Wilmington, CA 90744

Assistance League

386 Roswell Ave. Long Beach, 90814

(562) 627-5650

Central Baptist Church

1641 E. Carson Street, Carson, 90745

(310) 830-2596

First Baptist Church

2118 W. Carson, Torrance, 90501

(310) 328-5030

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DISTANCE LEARNING RESOURCES

LAUSD Distance Learning Resources and Help for Families During School Closure:

<https://achieve.lausd.net/PCSCovid>

PTA Family Resources: parent guides to student success during distance learning, etc.

<https://www.pta.org/home/family-resources>

EMERGENCY SHELTER:

2-1-1 (24 hour referral line for homeless families)

Coordinated Entry System for Families (CES), Harbor Interfaith: 310-831-0589

Harbor Interfaith Family Shelter: 310-831-5729

Family Promise of South Bay (Torrance): 310-782-8196

Winter Shelter Hotline: 800-548-6047

Toberman Family Source: 310-832-1145